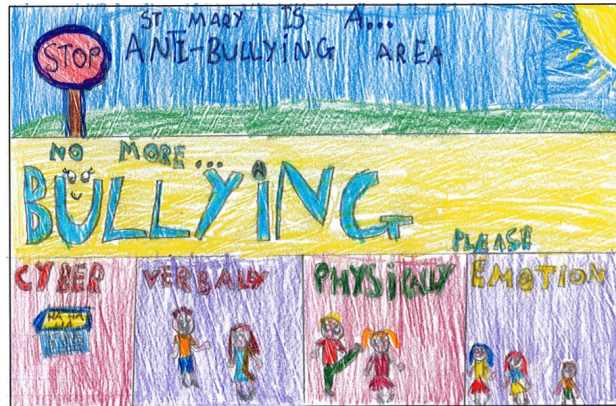




www.childline.org.uk



Child-friendly Anti-Bullying Policy

Produced with the St Mary's
Anti-Bullying Ambassadors,
September 2019.

What is bullying?

Bullying is hurting another person on purpose, physically or emotionally. It is a behaviour that is repeated again and again.

Bullying is:

Several Times On Purpose.

Bullying can be...

Physical: hitting, kicking, taking or hiding someone's things.

Verbal: name calling, teasing, insulting, writing or sending unkind notes.

Emotional: being unfriendly on purpose, leaving people out, giving horrible looks or spreading rumours.

Cyber: unkind text messages and calls, mean comments on social media sites.

What should I do if I'm being bullied?

- Tell a grown up in school or at home that you trust;
- Tell an Anti-Bullying Ambassador;
- Tell a friend who you know will help you;
- Put a note in the Worry Box;
- Put your peg in Bubble Time.

What will happen once I've told someone?

- The grown-up will listen to you and may write down what you say.
- They will work with you and the other people involved to sort things out.
- They will tell your parents and any other parents to let them know what has been going on.
- They will check in with you about a week later to see how things are going.

Who should I tell?

A friend
Teachers
Anti-bullying Ambassadors
Lunchtime Staff
TAs
Parents/Carers
Governors

At St Mary's, the teachers, the Governors and all other staff will work with you to make sure our school is a place where everyone can feel safe and happy: that means no bullying allowed.

We will help everyone to get on with each other and we believe that everyone has the right to be who they are!